



Premium Reward Requirements

July 1, 2018- June 30, 2019 Plan Year

Premium rewards for the plan year starting July 1, 2018, will continue to be available to all employees and non-Medicare retiree group participants and their covered spouses enrolled in the COVA Care or COVA HealthAware Plan.

Participants will only have to complete and submit an online Health Assessment, as described below, to receive a Premium Reward.

All participants must complete or update and submit the Health Assessment between May 1 and May 15, 2018 to earn a premium reward effective July 1, 2018. If no Health Assessment is completed during this time, any existing premium reward will be terminated on June 30, 2018.

However, COVA Care and COVA HealthAware enrollees, including those who enroll during the plan year (employees/retiree and spouse) can earn a reward after July 1 at any time during the plan year if the requirement is met.

To complete or update your online health assessment - please follow the steps below:

- a. Go to www.myactivehealth.com/cova
- b. You must answer all questions in each category.
- c. Once completed, click "Submit Now."
- d. Keep a copy of the completion screen for your records.
- e. If you do not have internet access, you may call ActiveHealth at 1-866-938-0349 to complete your HRA over the phone with a customer service representative.

NOTE: You must be active in the ActiveHealth portal to access your Health Assessment. See your Benefits Administrator if you are not in the system.

First time user? Employees/retirees and eligible spouses will each need to create their own account at www.myactivehealth.com/cova using their ID number. This is available on their health plan ID card (do not include the three-letter prefix) or from your Benefits Administrator.

Please note – you must be actively enrolled in COVA Care or COVA HealthAware to be eligible for a reward.

How long will it take for me to get my premium reward?

Your Premium Reward will be effective July 1, 2018, if you complete your Health Assessment from May 1, 2018 through May 15, 2018. Health Assessments submitted before May 1, 2018 will not count towards your reward. However, if you don't complete the Health Assessment during that time, you can still earn a Premium Reward. The following chart provides a schedule of effective dates based on the completion of the requirement:

COMPLETION DATE	REWARD EFFECTIVE DATE:
5/16/2018 through 6/15/2018	8/1/2018
6/16/2018 through 7/15/2018	9/1/2018
7/16/2018 through 8/15/2018	10/1/2018
8/16/2018 through 9/15/2018	11/1/2018
9/16/2018 through 10/15/2018	12/1/2018
10/16/2018 through 11/15/2018	1/1/2019
11/16/2018 through 12/15/2018	2/1/2019
12/16/2018 through 1/15/2019	3/1/2019
1/16/2019 through 2/15/2019	4/1/2019
2/16/2019 through 3/15/2019	5/1/2019
3/16/2019 through 4/15/2019	6/1/2019